



Partner with the Ontario Caregiver Organization

WHO WE ARE



ACROSS ONTARIO THERE ARE 3.3 MILLION CAREGIVERS; ORDINARY PEOPLE OF ALL AGES WHO ARE CARING FOR FAMILY MEMBERS, PARTNERS, FRIENDS AND NEIGHBOURS WHO HAVE PHYSICAL AND/OR MENTAL HEALTH NEEDS.

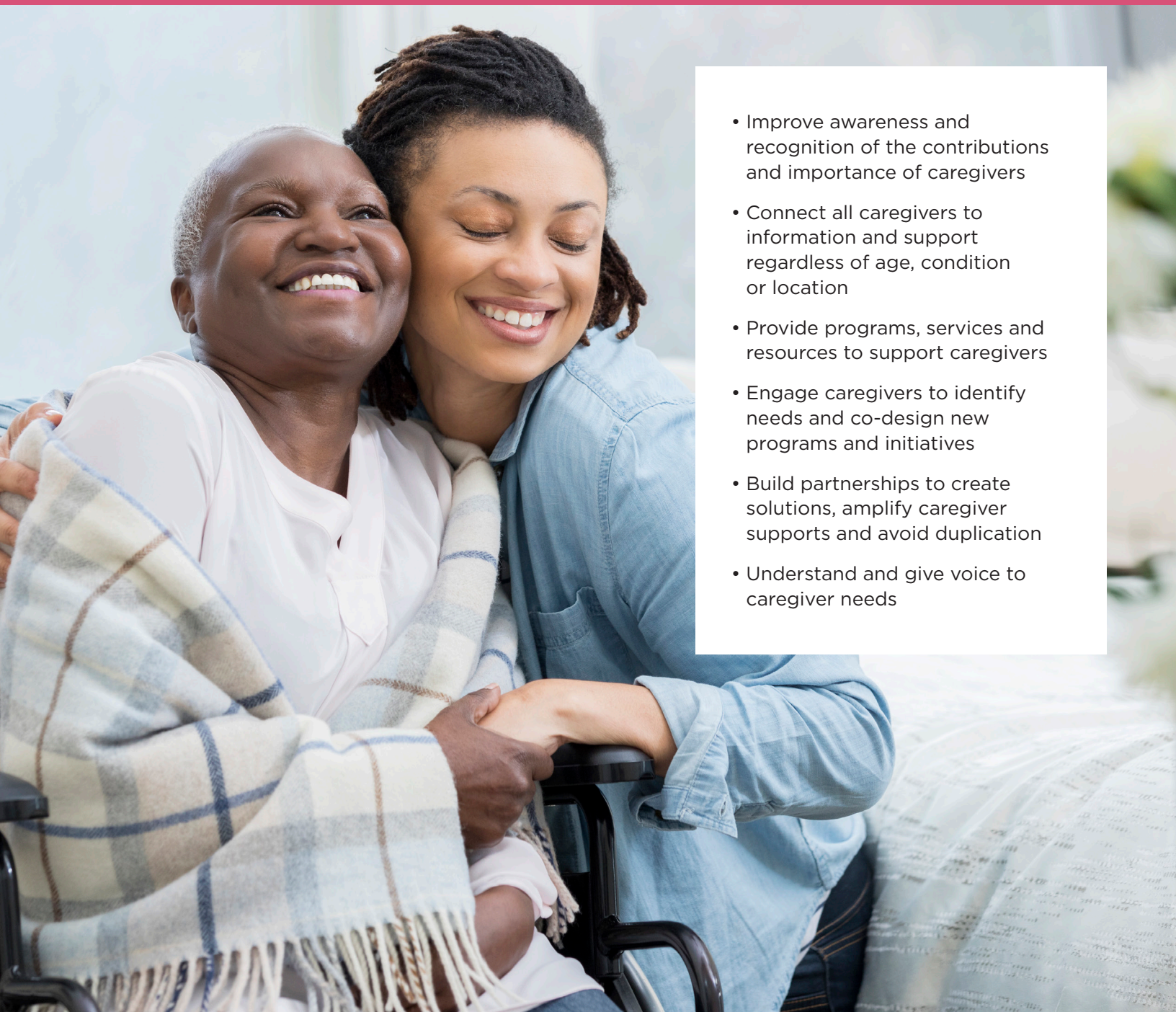
CAREGIVERS PLAY AN INVALUABLE ROLE IN OUR HEALTH CARE SYSTEM AND OUR COMMUNITIES. WHILE MANY FIND THE ROLE FULFILLING, THE ADDED RESPONSIBILITY OF PROVIDING CARE CAN HAVE A NEGATIVE IMPACT ON A CAREGIVER'S PHYSICAL AND MENTAL HEALTH.

We are an organization that exists to support caregivers. We help to improve the caregiving experience by providing one point of access to information, services and supports that empower and enable caregivers to be successful in their role.

The Ontario Caregiver Organization works with caregivers, health care and service providers, and other organizations to identify and address caregiver concerns. Where gaps exist in caregiver programs and services, we leverage partnerships to amplify existing programs and to find new and innovative ways to bridge those gaps so all caregivers, regardless of age, disease or geographic location have access to the help they need.

Established in 2018, the OCO is a not-for-profit entity funded by the Government of Ontario.

WHAT WE DO



- Improve awareness and recognition of the contributions and importance of caregivers
- Connect all caregivers to information and support regardless of age, condition or location
- Provide programs, services and resources to support caregivers
- Engage caregivers to identify needs and co-design new programs and initiatives
- Build partnerships to create solutions, amplify caregiver supports and avoid duplication
- Understand and give voice to caregiver needs

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Funded by:



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ONTARIO CAREGIVER HELPLINE 1-833-416-2273:

Single point of access to information, support and service in English and French, 24/7. Weekday live chat is also available through our website. Community Resource Specialists trained to understand caregiver needs and provide information and referrals to community based services and supports based on individual needs.

1:1 AND GROUP PEER

SUPPORT: Weekly online support groups (including a group for young caregivers) and 1:1 Peer Support program that connects caregiver peer mentors with caregiver participants to increase feelings of support and improve emotional perceived well-being.



SCALE PROGRAM

(Supporting Caregiver Awareness, Learning and Empowerment): Empowers caregivers with practical information and skills to enhance self-awareness with a focus on individual needs and well-being. Participants may choose to join a series of six weekly webinars, online group coaching and one-on-one individual telephone counselling.

WEBINAR SERIES:

One-hour webinars offered twice per month to educate and inform caregivers on a wide variety of topics relevant to the caregiver experience through live and recorded online presentations delivered by credible subject matter experts.

OCO WEBSITE:

Information, resources and tools for caregivers and health care providers and professionals in the health care sector

COVID-19 RESOURCES FOR CAREGIVERS:

Up-to-date access to tools, resources and multimedia content to support the current situation caregivers in Ontario need our support with.

RESOURCES FOR HEALTH CARE PROVIDERS:



Many caregivers are overwhelmed in their role – unsure of where to get information and anxious about what the future holds. They're frustrated, worried and many find it difficult to cope. Caregivers also have unique knowledge that can enhance client care and outcomes, but how to partner with caregivers remains a mystery for many providers.

As a healthcare provider, you can make a meaningful difference in the caregiving experience.

The OCO offers resources, education and support that can help healthcare providers to:

Understand caregivers and their role

Connect caregivers to the support they need and empower them to be successful in their role

Recognize caregivers as partners in care

Embrace the experience and expertise of caregivers to enhance health outcomes and the system

Facilitate caregiver presence in health care settings during COVID-19

HOW WE PARTNER



We work with non-profits, associations, hospitals, long-term care homes, Ontario Health Teams, community support service agencies, disease-specific organizations, research institutions, government and stakeholders. We are eager to connect with your organization, to explore opportunities to partner and better support Caregivers.

- Co-development of new resources
- Joint webinars or events
- New channels for caregivers to access support
- Referral pathways between OCO and other organizations
- Connecting Caregiver Helpline callers to community-based services
- Spread and scale of existing programs and successful models across the province
- Sharing insights on caregiver needs and solutions
- Connecting health care providers to education and resources to engage caregivers as partners in care